

DOW INTERNATIONAL MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS – Batch 2031
FOUNDATION - I MODULE (2026)
TIME TABLE: WEEK 8

Days	8:30- 9:30 AM	9:30 - 10:30 AM	10:30 - 12:00 PM	12:00 – 1:30 PM
MON 9/3	BIOCHEMISTRY Minerals & Fat-soluble vitamins Dr. Farina Hanif	GROSS ANATOMY Autonomic Nervous System (Sympathetic) I Dr. Rabia Rehan	A =HISTOLOGY(Practical) Integumentary System Dr. Hina Jabeen (Histo Lab) B = BIOCHEMISTRY (Practical) to demonstrate the scheme of protein detection in given sample Dr. Sajida Parveen C= SELF STUDY	SELF STUDY
TUES 10/3	MICROBIOLOGY Normal Flora DR. Mehwish Sajjad	GROSS ANATOMY (DEMO) General Concepts of Muscles Dr. Tanzeela Khan	B =HISTOLOGY (Practical) C= BIOCHEMISTRY (Tutorial) A= SELF STUDY	GROSS ANATOMY Autonomic Nervous System Parasympathetic Dr. Nazia Shahab
WED 11/3	Physiology Cell signaling (revisit) Dr. Afshan Mehboob	BEHAVIORAL SCIENCES Social Psychology and medical education Mr. Suhail Aamur	C =HISTOLOGY(Practical) A= BIOCHEMISTRY (Tutorial) B= SELF STUDY	SELF STUDY
THURS 12/3	EMBRYOLOGY 3rd Week of Development I (Gastrulation, Formation of Primitive Streak and Notochord) Dr. Zaheer Amjad		A = COMMUNITY MEDICINE(TUTORIAL) District Health System, in the Context of Devolution Dr Mahrukh/Dr Safiya B= MICROBIOLOGY (Practical) Classification of Bacteria MICRO LAB (Dr. Nida Ashraf) C= SELF STUDY	SELF STUDY
Fri 13/3	EMBRYOLOGY 3rd Week of Development II (Neurulation and Development of Somites) Dr. Zaheer Amjad	EMBRYOLOGY Fourth to Eight Weeks (Organogenetic Period Phases of Embryonic Development) Dr. Sara Farhan	B = COMMUNITY MEDICINE(TUTORIAL) C= MICROBIOLOGY (Practical) A= SELF STUDY	
Sat 14/3	PHYSIOLOGY Autonomic Nervous System: Sympathetic Division DR. Ambreen Qamar	Anatomy Quiz Dr. Sahar Mubeen	C = COMMUNITY MEDICINE(TUTORIAL) A= MICROBIOLOGY (Practical) B= SELF STUDY	SELF STUDY